



2019

Menstrual History

(When you are not on birth control pills)

Name: _____ Date of birth: _____ Age: _____

Date of last menstrual period: _____ Date of last pap smear: _____

History of abnormal pap? Yes No If yes, please explain: _____

Age periods began: _____ How many days between periods? _____

How many days of flow? _____ How heavy (# of tampons/pads on heaviest day) _____

How severe are your cramps? _____

Have you bled with sexual intercourse? Yes No Explain: _____

What do you use for contraception? Condoms Birth Control Pills IUD Nexplanon
 None Other _____

Number of:	Term Births	Premature Births	Miscarriages or Abortions	Living Children

Personal Medical History

- Heart Disease
- Headaches
- Migraines
- Liver Disease
- Gallbladder Disease
- Blood Clots or Phlebitis
- Breast Cancer
- Thyroid Disease
- Cancer
- High Blood Pressure
- Diabetes
- Acne
- Rheumatic Fever
- Venereal Disease
- Eye Problems
- Pelvic Problems
- Varicose Veins
- Ovarian Cysts
- Unusual Vaginal Bleeding
- Hepatitis
- Herpes: Oral Genital
- Sexual Problems
- Painful Intercourse